



**Greater Boston**  
HOME HEALTH CARE SERVICES  
*Service from the heart*



# CORONAVIRUS



- WASH HANDS FREQUENTLY (**SING “HAPPY BIRTHDAY” - 20 SECOND RULE**)
- ENCOURAGE OTHERS TO WASH HANDS
- USE HAND SANITIZER ONLY WHEN YOU ARE UNABLE TO WASH YOUR HANDS  
**(SANITIZER MUST DRY COMPLETELY TO BE EFFECTIVE)**
- CALL YOUR DOCTOR’S OFFICE IMMEDIATELY IF YOU HAVE A FEVER OR SIGNS AND SYMPTOMS OF A COLD OR FLU
- BE EXTRA VIGILENT TO WIPE DOWN SURFACES OFTEN TOUCHED (**i.e., DOOR HANDLES, TELEPHONES, FAUCETS, ETC.**)
- AVOID GOING INTO CROWDED AREAS (**i.e., SHOPPING MALLS, GROCERY STORES, ETC.**)
- PRACTICE PREVENTATIVE SAFETY MEASURES FOR YOURSELF AND OTHERS

